

Dear Ustazah  
asssalaamalekum

Alhumdullilah there are so many alternates of maida bread I want to share one If any body likes to eat bread then how we can make healthy bread Here ih USA we dont like the bread it has a peculiar taste of preservative and lots of bread rasiner So Alhumdullilah I make my bread at home which my family likes alot

I make it with whole wheat flour ,jo ka atta, little flex seeds (alsi kay beege reduces weight snd prevent from cancer). Alhumdullilah this bread is healthy and very tasty I bake it in the oven Similarly I put little flex seeds in my dough of chappatti

If somebody wants I can give the receipe

Wassalaam