Zād-e-Rah Provision for Journey

Masn $\bar{\text{u}}$ n Supplications during Ḥajj and 'Umrah





وَتَزَوَّ دُوا فَإِنَّ خَيْرَ الزَّادِ التَّقُوٰي

And take provisions, but indeed, the best provision is fear of Allah.





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بسراله الزحم الزحير

Du'a by the traveler to his family

I place you in the trust of Allah, whose trust is never misplaced. [Sunan Ibn Majah: 2825]

Du'a by the family member for the traveler

I place your religion, your faithfulness and the ends of your deeds in the trust of Allah. [Sunan al-Tirmidhī: 3443]

Du'a at the time of departure from home

بِسُمِ اللهِ تَوَكَّلُتُ عَلَى اللهِ لاَحَوْلَ وَلاَ قُوَّةَ إلَّا بِاللهِ

In the name of Allah, I place my trust in Allah, there is no might or power except with Allah. [Sunan Abū Dāwūd: 5095]

O Allah! I seek refuge in you lest I stray or am misguided or I slip or am made to slip or I do wrong (to anyone) or I am wronged or I behave ignorantly (to anyone) or someone behaves ignorantly towards me. [Sunan Abū Dāwūd: 5095]

When mounting the vehicle / mount

In the name of Allah (3 times)

• بِسُمِ اللَّهِ

After placing a foot on transport

All Praise is for Allah (3 times)

• الْحَمُدُ لِلَّهِ

Allah is the Greatest (3 times)

• اَللّٰهُ اَكُبَرُ

سُبُحٰنَ الَّذِي سَخَّرَ لَنا لهٰذَا وَمَا كُنًّا لَهُ مُقُرِ نِيُنَ ٥ وَ إِنَّآ

اِلَّى رَ بِّنَا لَمُنْقَلِبُوُنَ ٥

Exalted is He who has subjected this to us, and we could not have [otherwise] subdued it. And indeed we, to our Lord, will [surely] return. [Al-Zukhruf: 13-14]

سُبُحَانَكَ إِنِّى قَدُ ظَلَمْتُ نَفُسِى فَاغُفِرُ لِى فَإِنَّهُ لَا يَغْفِرُ
 الذُّنُوبَ إِلَّا اَنْتَ

Exalted are You! Indeed I have wronged my soul, so forgive me, for verily none forgives sins except you. [Sunan al-Tirmidhī: 3446]

اَللهُ مَ إِنَّا نَسَالُكَ فِي سَفَرِنَا هٰذَا الْبِرَّ وَالتَّقُوٰى وَمِنَ الْمَعَمَٰلِ مَا تَرُضٰى، اَللهُمَّ هَوِّنُ عَلَيْنَا سَفَرَنَا هٰذَا وَاطُوِعَنَّا الْعَمَٰلِ مَا تَرُضٰى، اَللهُمَّ هَوِّنُ عَلَيْنَا سَفَرَنَا هٰذَا وَاطُوعَنَّا الْعَمَٰدَهُ ، اَللَّهُمَّ انْتَ الصَّاحِبُ فِى السَّفَرِ وَ الْحَلِيْفَةُ فِى الْاَهْلِ، السَّفَرِ وَ الْحَلِيْفَةُ فِى الْاَهْلِ، اللَّهُمَّ إِنِّى اَعُوذُبِكَ مِنْ وَعُثَاءِ السَّفَرِ وَكَالبَةِ الْمَنْظرِ وَسُوءِ اللَّهُمَّ إِنِّى اَعُوذُبِكَ مِنْ وَعُثَاءِ السَّفَرِ وَكَالبَةِ الْمَنْظرِ وَسُوءِ اللَّهُمَّ إِنِّى الْمَالِ وَالْاَهْلِ

O Allah, we ask You for goodness and Allah-conciousness in this journey of ours, and we ask You for deeds which please You. O Allah, facilitate our journey and let us cover it's distance quickly. O Allah, You are the Companion on the journey and the Successor over the family, O Allah, I take refuge with You from the difficulties of travel, and being in a bad predicament, and I take refuge in You from an ill fated outcome with wealth and family.

[Ṣaḥiḥ Muslim: 3275]

During the Journey

While ascending (Plane / Mountain)

Allah is the Greatest (3 times)

أَللُّهُ أَكْبَرُ

While descending

Glory be to Allah (3 times)

سُبُحَانَ اللهِ

Upon staying at some place

رَبِّ اَ نُوِلْنِي مُنزَلًا مُّبْرَكًا وَّ اَنْتَ خَيْرُ الْمُنُولِيْنَ

My Lord, let me land at a blessed landing place and You are the best to accommodate (us). [Al-Mu'minūn: 29]

• رَبِّ اَدُخِلُنِي مُدُ خَلَ صِدُقٍ وَ اَخُرِجُنِي مُخُرَجَ صِدُقٍ

وَّاجُعَلُ لِّيُ مِنُ لَّدُنُكَ سُلُطَانًا نَّصِيرًا (بني اسرائيل: 80)

My Lord, cause me to enter a sound entrance and to exit a sound exit and grant me from Yourself a supporting authority.

[Bani Israīʾl: 80]

أَعُودُ بِكَلِمَاتِ اللَّهِ التَّآمَّاتِ مِنْ شَرِّ مَا خَلَقَ (صحيح مسلم)

I seek refuge in the totality of the words of Allah from the evil of what He has created. [Ṣaḥḥ Muslim: 3275]

Intention

Intention of 'Umrah from Migat

عُمْرَةً OAllah, I am present for 'Umrah

· اَللّٰهُمَّ لَبَّيْكَ عُمْرَةً

Intention of Hajj from Migat

O Allah, I am present for Ḥajj وَ اللَّهُمَّ لَبَّيْكَ حَجًّا (Sahīh Muslim: 3029)

Note: These are words for Ḥajj Tamattuʻ and Ifrad. The words for Ḥajj Qiran are: (اَللَّهُمَّ) لَبُيْكَ عُمُرَةً وَحُجًّا

> After making intention, it is masnun to say these words once:

O Allah! The purpose of my Hajj is neither to show off nor earn any reputation. [Sunan Ibn Majah: 2890]

Talbiyyah

لَبَيْكَ الله مَّ لَبَيْكَ ، لَبَيْكَ لاَ شَرِيْكَ لَكَ لَبَيْكَ،
 إنَّ الْحَمْدَ، وَالنِّعُمَةَ لَكَ وَالْمُلْكَ، لاَشَرِيْكَ لَكَ

Here I am O Allah, here I am. Here I am, You have no partner, here I am. Indeed for You is all praise and favour, and for You is the dominion (of all things). There is no partner to You.

[Ṣaḥiḥ al-Bukhari: 1549]

Upon Entering the City

• اَللَّهُمَّ بَارِكُ لَنَا فِيهَا

O Allah, grant us good in it (city, town) (3 times)

[Mu'jam al-awsat lil Tabrānī, Vol. 5, 4752]

اَللّٰهُـمَّ ارُزُقُنَا جَنَاهَا وَحَبِّبُنَا إلى اَهْلِهَا وَ حَبِّبُ صَالِحِي

آهُلِهَا إِلَيْنَا

O Allah, grant us the fruit of this (place) and create love in its people for us and create love in our hearts for the righteous people of this (place). [Mu'jam al-awsat lil Ṭabrānī, Vol: 5,]

Upon Entering the Mosque

> Put your right foot inside the mosque and say:

In the Name of Allah and Peace be upon the Messenger of Allah, O Allah! Forgive my sins and open the doors of Your mercy for me.

[Sunan Ibn Majah: 771]

Upon Leaving the Mosque

Put your left foot outside the mosque and say:

 بِسُمِ اللّٰهِ وَالسَّلامُ عَلٰى رَسُولِ اللّٰهِ اَللّٰهُمَّ اغْفِرُلِى ذُنُوبِى وَافْتَحُ لِى اَبُوابَ فَضلِكَ

In the Name of Allah and Peace be upon the Messenger of Allah, O Allah! forgive my sins and open the doors of Your favours for me. [Sunan Ibn Majah: 771]

Upon sighting the Ka'bah

> Any du'a can be recited for example:

رَبِّ اَوُزِعُنِئَى اَنُ اَشُكُر نِعُمَتَكَ الَّتِئَ اَنْعَمْتَ عَلَى وَ
 عَلَى وَالِدَى وَالِدَى وَانُ اَعُمَلَ صَالِحًا تَرُضُهُ وَاصلِحُ لِى فِى
 ذُرِيَّتِي اللهِ اللهِ يُسُتُ اللهُكَ وَالِّي مِنَ الْمُسلِمِيُنَ ٥

My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to do the righteous deeds which You approve of and make my offsprings righteous for me. Indeed, I repent to You and indeed, I am of the Muslims.

[Al-Aḥqāf: 15]

Supplication for Tawaf

> Begin *Ṭawāf* with *Istilām* of *Al-Hajr Al-Aswad* (The black stone) by saying:

• بِسُمِ اللَّهِ اَللَّهُ اَكُبَرُ

In the name of Allah, Allah is the Greatest.

> During <u>Tawāf</u> recite Qur'an, <u>Taṣbīh</u>, <u>Tahlīl</u>, du'as and supplications. (There is no specific du'a proved by sunnah for each round of <u>tawāf</u>).

Du'a to be recited between the Yemeni corner (Rukn Yamani) and Al-Ḥajr Al-Aswad

Our Lord, give us good in this world and good in the Hereafter and protect us from the punishment of the Fire. [Al-Baqarah: 201]

[Sunan Abū Dāwūd: 1892]

At the Maqam Ibrahim

> After completing tawaf, come towards Maqām Ibrahīm while reciting following portion of the ayat:

And take, from the standing place of Ibrahim a place of prayer.

[Al-Baqarah: 125]

> Here, offer two *nafl* (voluntary) raka 'ats of tawaf. Recite Al-Kafirun in first raka 'at and Al-Ikhlas in the second raka 'at.

Upon drinking Zamzam

> Pray before drinking Zamzam e.g:

Our Lord, let not our hearts deviate after You have guided us and grant us mercy, from Yourself. Indeed, You are the Bestower.

[Ali 'Imrān: 8]

While Going to Perform Sa'i

إِنَّ الصَّفَا وَالْمَرُوةَ مِنُ شَعَآئِرِ اللّهِ. آبُدَا بِمَا بَدَا الله بِهِ

Indeed, Al-Safa and Al-Marwah are among the symbols of Allah; We begin with what Allah began with. [Ṣaḥiḥ Muslim: 2950]

Beginning Sa 7 from Al-Safa

لَا الله الله الله وَحُدَهُ لاَ شَرِيُكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمُدُ وَهُوَ عَلَى كُلِّ شَيءٍ قَدِيُرٌ ، لَا الله الله الله وَحُدَهُ انْجَزَ وَعُدَهُ وَعُدَهُ انْجَزَ وَعُدَهُ وَعُدَهُ وَعُدَهُ الْاحْزَابَ وَحُدَهُ

There is no one worthy of worship except Allah, the One and Only, there is no partner to Him. For Him is the kingdom and for Him is all praise and He is upon everything All-Powerful. There is no one worthy of worship except Allah, the One and Only. He fulfilled His promise, aided His servant and single-handedly defeated the allies. [Ṣaḥḥ Muslim: 2950]

On the Day of 'Arafat

> Best supplication of the day of 'Arafat that Messengers' recited:

There is no one worthy of worship except Allah, the One and Only, He has no partner. For Him is the kingdom and for Him is all praise and He is upon everything All Powerful. [Sunan al-Tirmidhī: 3585]

When throwing stones at Jamarat

> While throwing each stone say:

Allah is the Greatest [Sunan al-Nasa i: 3081]

اَللَّهُ اَكُبَرُ



9

Visiting Masjid Nabawi

- Upon entering Madina recite supplication for entering a city.
- Upon entering Masjid Nabawi recite supplication for entering a masjid.
- > Face the *Ḥujrah* and offer *salām* to Prophet Muhammad in the following words:

السَّلامُ عَلَيْکَ يَارَسُولَ اللهِ

Peace be upon you, O Messenger of Allah 2:

[Sunan al-Kubrā lil Baihiqī, Vol: 5, 10271]

> In addition, it is *Mustaḥab* (recommended) to recite *Durūd Ibrahimi*:

اللهُمَّ صَلِّ عَلَى مُحُمَّدٍ وَ عَلَى الِ مُحَمَّدٍ كَمَا صَلَّيْتَ
 عَلَى إِبُرَاهِيْمَ وَعَلَى الِ إِبُرَاهِيْمَ إِنَّكَ حَمِيدٌ، مَّجِيدٌ
 اللهُمَّ بَارِکُ عَلَى مُحُمَّدٍ وَ عَلَى الِ مُحَمَّدٍ كَمَا بَارَكُتَ
 عَلَى إِبُرَاهِیْمَ وَعَلَى الِ إِبُرَاهِیْمَ إِنَّکَ حَمِیدٌ مَّجِیدٌ

O Allah! Shower Your mercy upon Muhammad and upon the followers of Muhammad and the followers of Ibrāhīm in Indeed, You are Most Praiseworthy, Most Glorious. O Allah! Shower Your blessings upon Muhammad and upon the followers of

Muḥammad ﷺ, as You showered your blessings upon Ibrāhīm ﷺ and the followers of Ibrāhīm ෴. Indeed, You are Most Praiseworthy, Most Glorious. [Ṣaḥīḥ al-Bukhārī: 3370]

> Then say salām to Abū Bakr Siddiq and 'Umar in these words:

• السَّلامُ عَلَيْكَ يَاابَابَكُرٍ، السَّلامُ عَلَيْكَ يَاعُمَرُ

Peace be upon you, O Abū Bakar Siddiq :! Peace be upon you, O 'Umar Farooq !!

[Sunan al-Kubrā lil Baihiqī, Vol: 5, 10271]

During visit of Baqi Gharqad

السَّالَامُ عَلَيْكُمُ اهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِيْنَ وَالْمُسلِمِيْنَ وَإِنَّا إِنْ

Peace be on you, O dwellers of this place from among the Believers and the Muslims, and we will *inshāAllah* join you. We ask Allah for security (from the Fire of Hell) for ourselves and for you. [Ṣaḥīḥ Muslim: 2257]

 \triangleright The Prophet $\stackrel{\text{def}}{=}$ added the following when supplicating at the cemetry of $Baq\vec{i}$:

O Allah! For give the inhabitants of Baq $\bar{\imath}$ 'al-Gharqad.

[Ṣaḥiḥ Muslim: 2255]

Masnun Supplications after Salah

Allah is the Greatest. (Aloud, once) مُ اللّٰهُ ٱكْبَرُ • [Ṣaḥīḥ al-Bukhārī: 842]

I seek Allah's forgiveness. (3 times) آسُتَغُفِرُ اللّٰه ﴿ اللّٰهُ اللّٰهُ اللّٰهُ اللّٰهُ اللّٰهُ اللّٰهِ ﴿ اللّٰهُ اللّٰمُ اللّٰهُ الللّٰهُ اللّٰهُ اللّٰهُ اللّٰهُ اللّٰهُ اللّٰهُ الللّٰهُ اللّٰهُ اللّٰمُ الللّٰمُ اللّٰمُ اللّٰمُ الللل

الله م انست السلام ومنك السلام تباركت يا ذال جَلال والإكرام

O Allah! You are peace and from You is peace and security. You are greatly blessed. O One of Majesty and Honour!

[Ṣaḥīḥ Muslim: 1335]

رَبِّ اَعِنِّى عَلَى ذِكُوكَ وَشُكُوكَ وَحُسُنِ عِبَادَتِكَ

O my Lord, help me in Your remembrance, and in gratitude to You and in beautiful worship of You.

رَبِّ قِنِیُ عَذَابَکَ یَوْمَ تَبُعَثُ عِبَادَکَ

O my Lord! Save me from Your punishment on the Day when You will resurrect Your servants. [Sahīh Muslim: 1642]

لَا الله الله وَحُدَهُ ، لا شَرِيكَ لَهُ ، لَهُ الْمُلُكُ وَلَهُ الْمَلُكُ وَلَهُ الْحَمْدُ وَهُو عَلَى كُلِّ شَيْءٍ قَدِيْرٌ أَلله مَ لا مَانِعَ لِمَا الْحَمْدُ وَهُو عَلَى كُلِّ شَيْءٍ قَدِيْرٌ أَلله مَ لا مَانِعَ لِمَا الْحَدِّمِنُكَ اعْطَيْتَ وَلا مُعْطِى لِمَا مَنَعْتَ وَلا يَنْفَعُ ذَا الْجَدِّمِنُكَ الْحَدُّمِنُكَ
 الْحَدُّ

There is no true deity except Allah alone, having no partners. To Him belongs all sovereignty and praise and He is over all things, Omnipotent. O Allah, no one can prevent what You have willed to bestow and no one can bestow what You have willed to prevent, and no wealth or majesty can benefit anyone, as from You is all wealth and majesty. (Once) [Ṣaḥīh al-Bukhārī: 6330]

There is no true deity except Allah alone, having no partners. To Him belongs all sovereignty and praise and He is over all things, Omnipotent. There is no might, or power except with Allah. There is no true deity except Allah and we worship none except Him. For Him is all favour, grace, and glorious praise. There is no true deity except Allah. We are sincere in our faith to Him, even though the disbelievers dislike it. [Ṣaḥīḥ Muslim: 1343]

اَللَّهُمَّ اِنِّـــى اَعُودُ بِكَ مِنَ الْجُبُنِ وَاَعُودُ بِكَ مِنَ الْجُبُنِ وَاَعُودُ بِكَ مِنَ الْبُخُلِ وَ اَعُودُ بِكَ مِــنُ اَرُدَلِ الْعُمُرِ وَ اَعُودُ بِكَ مِـنُ الْدُنْيَا وَ عَذَابِ الْقَبُرِ
 مِنُ فِتْنَةِ الدُّنْيَا وَ عَذَابِ الْقَبُرِ

O Allah! Verily I seek refuge in You from cowardice, and I seek refuge in You from being returned to an abject old age, and I seek refuge in You from the trials of the world and I seek refuge in You from the punishment of the grave. [Ṣaḥīḥ al-Bukhārī: 2822]

Glory be to Allah (33 times)

سُبُحَانَ اللَّهِ

All Praise is for Allah (33 times)

• اَلحَمُدُ لِلَّهِ

Allah is the Greatest (34 times)

• اَللّٰهُ اَكُبَرُ

لَا اللهَ اللَّهُ وَحُدَهُ لاَ شَرِيْكَ لَهُ لَهُ الْمُلْكُ وَ لَهُ التحمد وهو على كُل شَيْءٍ قَدِيْرٌ

There is no true deity except Allah alone, having no partners. To Him belongs all sovereignty and praise and He is over all things, Omnipotent. (once) [Ṣaḥiḥ Muslim: 1352]

Surah Al-Falaq (once)

. سُوُرَةُ الْفَلَق

Surah Al-Nas (once)

سُوُرَةُ النَّاس

Ayat al-Kursi (once)

• آيَةُ الْكُرُسِي



15

Supplications When Returning from A Journey

 اَللّٰهُ اَكْبَرُ ، اَللّٰهُ اَكْبَرُ ، اَللّٰهُ اَكْبَرُ ، سُبْحَانَ الَّذِي سَخَّوَ لَنا هٰذَا وَمَاكُنَّا لَهُ مُقُرِنِينَ وَإِنَّا إِلَىٰ رَبَّنَا لَمُنْقَلِبُونَ ﴿ اللَّهُمَّ إِنَّا نَسُأَلُكَ فِي سَفَرِنَا هٰذَا الْبِرَّ وَالتَّقُوَىٰ وَمِنَ الْعَمَلِ مَا تَرُضٰى، ٱللُّهُمَّ هَوَّنُ عَلَيْنَا سَفَرَنَا هٰذَا وَاطُوعَنَّا بُعُدَهُ ، ٱللَّهُمَّ ٱنْتَ الصَّاحِبُ فِي السَّفَر وَالْحَلِيْفَةُ فِي الْآهُلِ، اللَّهُمَّ إِنِّيُ اَعُوْذُبِكَ مِنُ وَعُفَاءِ السَّفَر وَكَا بَةِ المُنظَر وَسُوءِ المُنقَلَب فِي الْمَال وَالْاهل، آئِبُونَ تَآئِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

Allah is the Greatest, Allah is the Greatest, Allah is the Greatest, Exalted is He who has subjected this to us, and we could not have [otherwise] subdued it. And indeed we, to our Lord, will [surely] return). O Allah! Indeed we ask You in this journey of ours, righteousness, piety and deeds which are pleasing to You. O Allah! make this journey easy for us and lessen its distance. O Allah! You are our Companion on this journey and the Guardian of our family. O Allah! I seek refuge with You from the hardships of the journey, and from seeing bad things and from an evil return

towards my wealth and family. We are returners, repenters, worshipers and one praising our Lord. [Ṣaḥih Muslim: 3275]

أوبًا أوبًا لِرَبِّنَا تَوْبًا لَا يُغَادِرُ عَلَيْنَا حُوبًا

Returning, returning, we seek forgiveness with our lord, with such a repentance that leaves us with no sin.

 $[Al\text{-}Mu'jam\ al\text{-}awsaț\ lil\ Tabrani,\ Vol:\ 11,\ 11735}]$



Supplication to be recited in a Funeral Prayer

• اَللَّهُمَّ اعُفِرُلَهُ وَارُحَمُهُ وَعَافِهِ وَاعْفُ عَنْهُ وَ اَكُرِمُ نُزُلَهُ وَوَسِّعُ مُدُخَلَهُ وَاغُسِلُهُ بِالْمَاءِ وَالثَّلْجِ وَالْبَرَدِ وَنَقِّهِ مِنَ الْحَصَايَا كَمَا نَقَيْتَ الثَّوْبَ الْاَبْيَصُ مِنَ الدَّنَسِ وَابَدِلُهُ الْحَصَايَا كَمَا نَقَيْتَ الثَّوْبَ الْاَبْيَصُ مِنَ الدَّنَسِ وَابَدِلُهُ وَارًا خَيْرًا مِّنُ اَهُلِهِ وَزَوْجًا خَيْرًا مِّنُ اَهُلِهِ وَزَوْجًا خَيْرًا مِّنُ اَهُلِهِ وَزَوْجًا خَيْرًا مِّنُ وَهُلِهِ وَزَوْجًا خَيْرًا مِّنُ وَهُلِهُ وَرَوْجًا خَيْرًا مِّنُ اللَّهُ وَوَعِنْ وَمِنُ وَمِنْ عَذَابِ الْقَبُرِ وَمِن عَذَابِ النَّارِ عَمْنَ عَذَابِ النَّارِ عَذَابِ النَّارِ

O Allah! Forgive him, have mercy on him, give him peace and pardon him. Receive him with honor and make his entrance (grave) spacious. Wash him with water, snow, and ice and cleanse him of his faults like a white garment is cleansed of stains. Requite him with an abode better than his abode, with a family better than his family and a spouse better than his spouse. Admit him into Paradise and protect him from the torment of the grave and the torment of the Hell-Fire. [Sahih Muslim: 2232]

Glossary

-Intention:

Making/pronouncing of niyah.

- Miqat:

The place around Makkah where the pilgrim changes into Ihram and pronounces his intention to perform 'Umrah or Hajj. This place is anchored by different townships and localities in different directions (Zul Hulaifa in the north, Yalamlam in the south-east, Dhat Irq in the north-east, Juhfah in the north-west, Qarn ul Manazil in the east.) For people living inside the Miqat permanently, their place of residence is their Miqat.

- Masnūn:

The ways/practices authenticated by the words and actions of Prophet Muhammad $\stackrel{\text{\tiny{def}}}{=}$.

-Sha'ir Allah:

Refers to all those holy places/things/rites which are the characteristic symbols of exclusive devotion to Allah.

- Tawaf:

Circumambulation of Ka'aba in 7 rounds.

-Al-Hajr Al-Aswad:

The Heavenly Black Stone built into the south-east corner of the Kabah at a height of approximately four feet. The 7 rounds of 'Tawaf' start from here. During Hajj & 'Umrah, doing 'Istilām' (touching, kissing, or waving at Al-Hajr Al-Aswad when far from it) is masnūn and highly recommended.

- The Yamani Corner:

The corner before Al-Hajr Al-Aswad facing Yemen, is called Rukn Yamani. Touching it during Ṭawaf is also masnun and recommended.

- Istilām:

The act of kissing Al-Hajr Al-Aswad at the beginning and end of every round of the Tawāf. If kissing is impossible, the pilgrim may extend his hand to touch the sacred stone and then kiss his own hand. If even that is not possible, he may raise his hand towards Al-Hajr Al-Aswad and thereafter, kiss his own hand. This act is highly recommended for it has been defined as a source of seeking forgiveness for one's sins.

- Tasbih and Tahlil:

Reciting "Subhan-Allah" and "La-ilaha-ill-Allah"

- Magām Ibrahim:

The step-stone used by Prophet Ibrahim during the original construction of the Kabah. The stone carries the imprints of his feet and is housed in a glass enclosure on the north side of the Kabah.

-Sa'i:

The devotional act of walking seven circuits (back and forth) between the mounts of Al-Safa and Al-Marwah. The route from Al-Safa to Al-Marwah is one circuit and the second would be back to Al-Safa from Al-Marwah. This act retraces the sunnah of Hajra, wife of Prophet Ibrahim, during her desperate search for water for her infant son, Prophet Isma'il, after they were left in the desert by Prophet Ibrahim in response to Allah's

commandment.

-Jamaraat:

The three stone pillars in Mina, which symbolically represent the locations where the devil (shaitan) is stated (in tradition) to have tried to dissuade Prophet Ibrahim. The pilgrim stones these pillars on the 10^{th} through to the 13^{th} Zul Hijjah in commemoration of the rejection of the devil by Prophet Ibrahim and of his steadfastness to the cause of Allah. The Jamarāt are located within a few hundred feet of one another in a line and are named as Jamrat al-Kubra, Jamrat al-Ūla and Jamrat al-Wusṭa.



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